

CELEBRATE SAFELY THIS
Football Season!

Recipes for the
ROAD





Ginger-Orange Mocktail

Ingredients

- 1 (89-oz.) container orange juice or lemonade
- 1 (2-liter) bottle ginger ale, chilled
- 1 (46-oz.) can pineapple juice, chilled

Directions

Stir together orange juice, ginger ale, and pineapple juice. Serve over ice. Enjoy!



Grilled BBQ Chicken Kabobs

Ingredients

- 1 tbsp. garlic powder
- 1 tbsp. smoked paprika
- 1 tbsp. salt
- 1 tsp. black pepper
- 1/4 cup olive oil
- 1/4 cup fresh squeezed lime juice
- Metal or bamboo skewers, soaked
- 1/2 red onion, cut into 2-inch pieces
- 1 lb. baby bell peppers, whole
- 1 pineapple, cut into 2" pieces
- 2 lb. chicken breast, cubed
- 3/4 cup BBQ sauce of choice
- 1 cup cilantro, packed

Directions

To prepare the chicken breast, cut it into 1 1/4" cubes. Combine dry spices, olive oil, and lime juice to make a paste. Mix the paste with the chicken, thread the ingredients onto skewers and grill over medium heat until the chicken reaches 165°F (about 10-12 minutes).



Recipes for the ROAD

Tailgating parties have grown in popularity over the years, expanding beyond just football games to become events that can take place both before and after a game. These gatherings often revolve around food and alcohol, and unfortunately, there are many stories of tragic outcomes due to irresponsible behavior at these events. However, since tailgating is here to stay, it's important to know how to enjoy the festivities safely. Here are some tips to ensure that you, your friends, and your loved ones have a great time and make it through the game—and the entire season—safely:

- Understand the laws in your state and any local and county ordinances.
- Provide non-alcoholic beverages for those who are underage, non-drinkers or those who have already had more than their share.
- Have plenty of food so that people are not drinking on an empty stomach.

