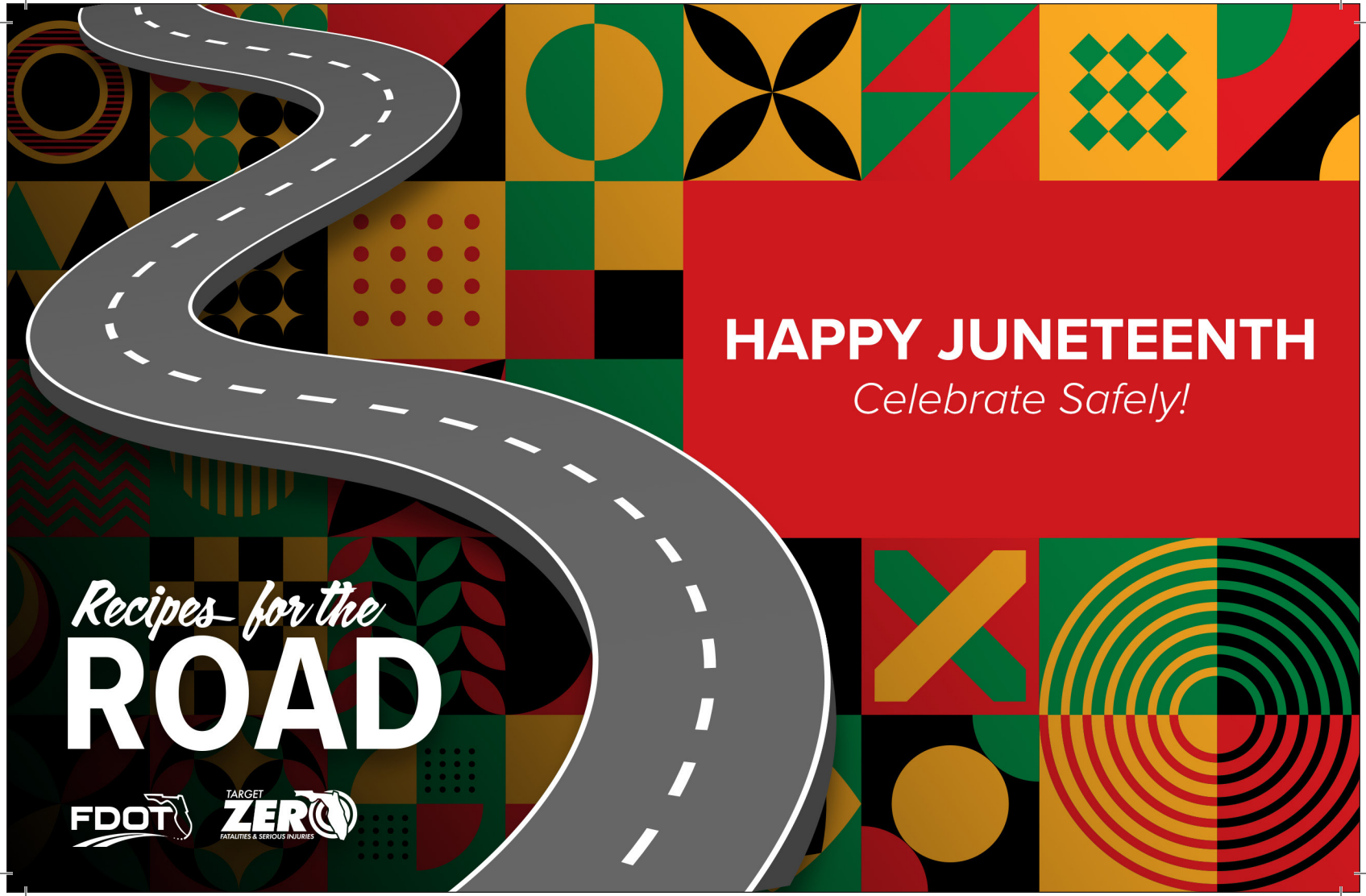
HAPPY JUNETEENTH
Celebrate Safely!
Recipes for the
ROAD
FDOT
TARGET
ZERO
FATALITIES & SERIOUS INJURIES

Sorrel (Caribbean Red Drink)

A traditional sweet-tart hibiscus drink with Caribbean and West African roots, Sorrel is often served on Juneteenth, where red drinks symbolize resilience and remembrance.

Ingredients (makes ~1 gallon)

- 1 gallon water
- ½ cup dried hibiscus (or 1 cup fresh)
- Whole spices: allspice, cloves, cardamom, star anise, cinnamon
- Ginger (fresh or dried)
- Black peppercorns, coriander, red pepper flakes
- Sweetener (cane juice, turbinado sugar, or agave), to taste
- Optional garnish: fresh mint or basil

Directions

Boil all ingredients (except sweetener) for 15 minutes. Remove from heat and steep for 15–30 minutes. Strain, sweeten to taste, chill, and serve over ice. Garnish with mint leaves, if desired.

Quick Black-Eyed Peas

Ingredients

- 1 can black-eyed peas (rinsed and drained)
- 1 tbsp olive oil
- 1 garlic clove (minced)
- 1/4 cup chopped onion
- Salt & pepper to taste
- Optional: hot sauce or chopped greens

Directions

Heat olive oil in a pan over medium heat, then sauté the onion and garlic until soft and fragrant. Add the black-eyed peas and cook for 5–7 minutes, stirring occasionally. Season with salt, pepper, and a splash of hot sauce or some chopped greens if you like. Serve warm as a side or over rice.

RECIPES FOR THE ROAD 2025

Recipes for the ROAD

As we celebrate Juneteenth—a day marked by reflection, education, family, and celebration—let's also reflect on the responsibility we have to protect one another on the road. Whether you're heading to a community event or a family barbecue, make safety part of your plan.

Keep these safety tips in mind:

- Drive well-rested. Being awake for 18 hours can affect you like driving drunk.
- Don't eat or drink while driving. These common habits can seriously slow your reaction time.
- Turn down the music. High volume can reduce your ability to respond quickly.
- Solo driving? Stay alert. Long, quiet stretches can reduce focus.
- Absolutely no impaired driving. Buzzed or drunk—either one is dangerous.

Even passengers can help by staying alert and supporting the driver, especially on unfamiliar roads. Let's keep Juneteenth—and the whole summer—safe and meaningful for everyone.

FDOT TARGET ZERO FATALITIES & SERIOUS INJURIES